

The SHM Foundation

Annual Report

September 2020 - August 2021



**the SHM
foundation**

Our Year



This year has been another amazing year for the SHM Foundation despite challenging times with the pandemic impacting all of us and our partners. The need for mental health support globally has continued to grow and so it was clear to us that we needed to work more than ever in this area. Instead of adapting to the impact of the pandemic we have focused on **transformation**. We have transformed our mobile phone support groups so that they can continue to be run during these times along with also supporting our partners to transform their models so that they can continue to meet the needs of their beneficiaries. We are very proud of this work and can see the potential of more innovation in this area.

I am also immensely proud of the work that we have done on the topic of **wellbeing**, by raising the topic with all our partners and launching the wellbeing fund. The wellbeing fund has been used for team building activities, art therapy, one on one talk therapy and dance classes. We hope to continue to run the wellbeing fund going forward and expand the activities, using many of the innovations developed by the innovators we work with on Ember Mental Health. I hope this fund can be an example to other organisations that it is possible to do this and should be integrated into all the work we do.

The **creative work** that we have done this year has been another proud moment. We have produced a film about a gardening collective called Huertomanias in Ecuador showcasing their work, we have launched a podcast series called Sparks of Care where we interview different mental health innovators about their work. We have partnered with a range of photographers and designers across the globe to bring different partners work to life.

None of the successes of this year could have been done without a wonderful, committed and passionate team. Thank you, Zuzana Figerova, Francesca Zinetti, Iona Gaskell, Malebo Ngobeni, Tebogo Konkobe, Ashleigh Beukes, Rini Sinha, Nikita Simpson, Georgina Miguel Esponda, Natasha Adomako, Yasmine Uddin, June Larrieta, Hugo Schlesinger, Victoria Marks, Desmond Chauke, Jara Lindsay, Joshua Olins, Olivia Gutierrez, Sama Kamal, Sara Zolli and our incredible Khuluma mentors!

Lastly, we are forever grateful to our founders Professor Maurice Biriotti and Professor Dame Henrietta Moore for their continued support and generosity to the SHM Foundation, both in the financial investment and in the intellectual thinking that runs through all the work we do at the SHM Foundation. Also we are very grateful for the support and guidance of our Trustee, Professor Sarah Fidler.

I can't wait to see what this next year brings!

Anna Kydd
Director of The SHM Foundation

Our Story

Because of their academic promise and their dedication to helping others to achieve their full potential, Professor Henrietta Moore and Professor Maurice Biriotti founded the SHM Foundation in October 2008, in London. The SHM Foundation works globally to bring about positive social change through projects and programs in the areas of learning and citizenship, health and the arts. It uses knowledge from the humanities and social sciences to understand human motivation, and draws on academic disciplines, from philosophy to anthropology, to address social challenges. The Foundation always works collaboratively with partner organisations that share its charitable goals and objectives to ensure good governance and sound financial management.

The objects of the SHM Foundation are to undertake for public benefit any purpose that is charitable according to the laws of England and Wales as the trustees shall, in their absolute discretion, decide.

About Us

We are a small and forward thinking philanthropic organisation, committed to developing and funding projects with the potential to drive long lasting positive social change. We design and seek effective and sustainable solutions in the area of **health; the arts; and education**.

We are a UK based non-profit organisation, alongside a team of four based in South Africa and partners in 14 countries.

As a small foundation, we both fund our initiatives and also seek funds in partnership with other organisations. Many of our initiatives are supported by SHM Productions Limited, a business consultancy, based in London. Being a foundation arm of the private company, gives us a great advantage of being able to use their offices in London and also to leverage a wide range of skills of their staff and second them to the Foundation projects if needed. This model ensures the Foundation's sustainability and financial stability.

This year we committed £261,813.08 to fund our global initiatives.

We have a team of 12 committed individuals working from six different countries. Our interdisciplinary team has backgrounds in mental health, research, business, education, design, communications and the arts.

Our Values

We, at the SHM Foundation, are firm believers that in order to work well as a team and to produce high quality work, we need to have values in place that we all believe in and that guide us every day.

The values that form the Foundation of everything that we do and who we are as we look to the future are:



Care

Our biggest priority is to look after one another and the people we work with. For us, dedicating time and energy to making sure we are all coping is not an add-on - it's at the heart of our approach.



Connection

As a team spread over six countries, we've always known that you don't need to be in the same room to create meaningful human connection. Now it's more important than ever. We're staying close by sharing stories, coping strategies and light relief in our daily team huddle.



Commitment

Our dedication to our current partners and to providing them with the support they need has not changed. But we recognise that many of them have different needs right now. We're being responsive to these shifts and tailoring our support to the present moment.



Adaptability

If this year has taught us anything it's that circumstances change and we need to be able to adapt when they do - in small and big ways. Whether it's juggling work with childcare, dealing with poor connectivity or rethinking an entire intervention, we believe it's important to be flexible and empathetic - and to keep a sense of humour.



Creativity

This is a challenging time, but it's also an opportunity for innovation. We are experimenting with new tools and technologies and thinking creatively to develop ways of working that will last, through the current crisis and beyond. We will emerge stronger and more resilient than ever.

Our Approach

We base our approach on three pillars:

Open leadership

The leadership of the SHM Foundation works collaboratively with the project team to set the strategy for the foundation and design programs. We all work very closely together, enjoying open and collaborative ways of working.

Community-led design

We work with the communities to co-design programs, to implement them and to evaluate them. We value the wisdom and first-hand experience of our beneficiaries and we believe that effective and sustainable programs can only be designed together with them.

Responsive strategy

We are committed to adapt quickly to a changing environment, so that we can stay relevant to the communities and partners that we work with and provide them with fast response, fast investment and strategic support.

We have a team of 12 committed individuals working from six different countries.



Our Projects

At a glance

We work in three different areas: health; the arts; and education.

Health

Health was one of the very first areas that the SHM Foundation started to work in 13 years ago.

Our work started in Mexico when Anna, now the director of the SHM Foundation, noticed that men and women living with HIV were facing high levels of stigma and had few opportunities or spaces to share their stories and find solace, support and advice from their shared experiences. This sense of isolation was having a negative impact on both their mental and physical health.

Anna, working with Maurice Biriotti (CEO of SHM Productions, a consultancy firm), co-founded a project called **Zumbido**, looking at how to provide support systems for those living with and affected by HIV in Jalisco, Mexico.

The mobile phone seemed like the perfect tool to enable this model: it was accessible and enabled immediate and intimate communication. Using a group SMS technology, a support group via text message was designed, allowing participants to send and receive text messages

within a closed group of 10 to 15 participants in rural and urban areas. Within a month, the group participants exchanged over 500,000 text messages.

Over the next 13 years, the **Zumbido Health** model has been refined, adapted and replicated in the UK, Guatemala, South Africa, Zambia and Zimbabwe and it is now flagship program of the SHM Foundation in the area of health.

Over the years, we learnt through this work that mental health is a hugely important area, connected to so many other parts of life and that community-based initiatives are particularly well placed to respond to mental health needs in their settings. The problem is, they don't get the visibility and resources they need to sustain and grow, and the expertise and insight of local initiatives too often goes unrecognised.

That is why in 2018 we decided to found **Ember**, our flagship mental health programme that mentors and funds excellent community-based mental health initiatives around the world.

Ember's goal is to support a diverse, inclusive ecosystem of mental health care to flourish worldwide, so that everyone can access the help they need, where they are, in ways that work for them.



Our Projects

At a glance

Health

Zumbido Health



The Zumbido Health model uses mobile phones to create virtual social support groups for vulnerable, isolated populations. These support groups are enabled by our digital platform, where participants discuss - peer to peer, at any time via text message - a range of issues pertinent to their condition or needs.

Between September 2020 and August 2021, we had the following projects running, as part of the Zumbido Health model.



Khuluma Productions South Africa

Khuluma Productions is a continuation of our long-standing program, Khuluma, which we have been running in South Africa since 2013. The project aims to support long standing Khuluma mentors with their mental health & wellbeing, and enhance their employability skills. Most of the Khuluma mentors have previously been part of the Khuluma groups who decided to stay on and train to become supporters for other young people living in a similar situation. The COVID-19 pandemic has brought about many hurdles for the mentors, including social isolation, difficult family situations and economic hardship. Through this project we have been able to offer the mentors psychosocial support but also food packages. Khuluma Productions also provides mobile phone support groups for 40 new adolescents living in semi-rural areas in Pretoria. The research component of the program concerns insights and current issues young people living with HIV/AIDS face.



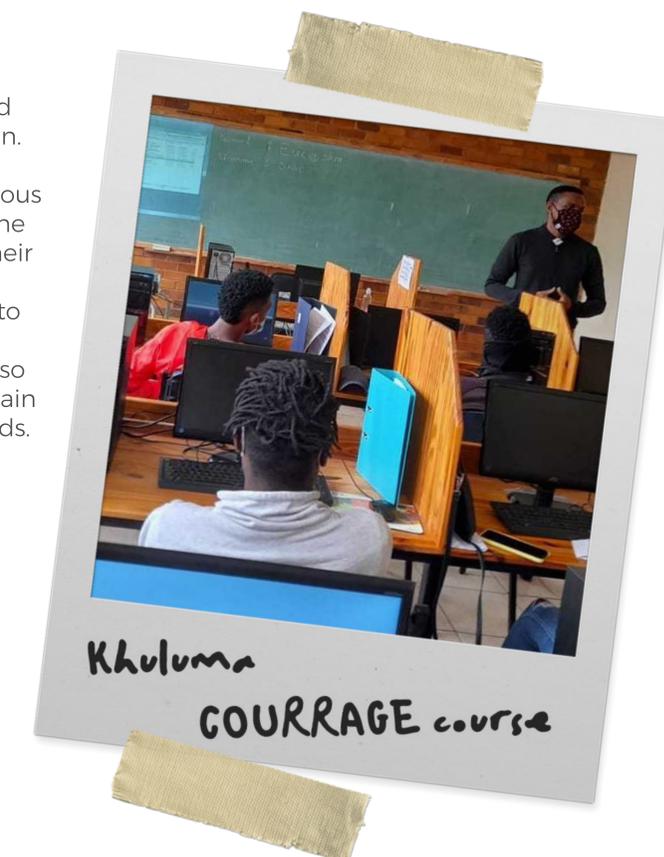
Zvandiri Lounge Zimbabwe

Zvandiri is a community-based organisation in Zimbabwe that seeks to ensure adolescents living with HIV have the knowledge, skills and confidence to live healthy, safe and fulfilled lives.

Through Zvandiri, adolescents living with HIV are trained and mentored to provide prevention, treatment, care and support services to their peers.

Zvandiri Lounge is a response to the challenges brought about by the COVID-19 pandemic. COVID-19 has necessitated social distancing, quarantine and restrictions on movement, making it impossible to implement Zvandiri's services through their Community Adolescent Treatment Supporters (CATS) as usual. Disruptions in Antiretroviral Therapy (ART) access and ART adherence, disruptions to other health and protection services, as well as the impact of this pandemic on the mental health of young people, including the CATS themselves, are key concerns.

The CATS have faced an increased burden of care and social isolation. The Zvandiri Lounge provided an accessible, intimate and anonymous form of additional support that the CATS needed as they cared for their beneficiaries in new ways. It also provided important information to Africaid Zvandiri about some key issues that the CATS were facing so the organisation was able to remain responsive to their changing needs.



Our Projects

At a glance

Health



The Young Mother's Lounge Zimbabwe

The project aims to scale up an integrated virtual support system for pregnant and breastfeeding mothers living with HIV to improve health & wellbeing. It layers on top of Zvandiri's Young Mentor Mother (YMM) program that trains adolescent mothers to support their peers with adherence and Sexual Reproductive Health services. It leverages SHM Foundation's advances in virtual psychosocial support to provide YMMs & Young Mothers with a single mobile platform where they can access support and training. The overall objective of this project is to build an integrated virtual support system for Zvandiri's YMMs that has a cascading impact on their beneficiaries.

The project has three objectives:

1. To improve the mental health and wellbeing of Zvandiri's 75 YMMs through psychosocial support delivered in a safe virtual space
2. To design and deliver training 'tool box' for the 75 YMMs to improve their resilience and independence
3. To improve the mental health and wellbeing of the 750 adolescent mothers living with HIV who are the YMMs beneficiaries. The YMMs will be providing the support to the 750 young mothers together with the Zvandiri team.



Insaka Zambia

The project is part of a larger collaborative study, funded jointly by the MRC and DFID, aimed at addressing the needs of adolescents living with HIV in Lusaka, Zambia. The SHM Foundation, in collaboration with Zambart, provides a peer-to-peer support group intervention component for adolescent and young adults living with HIV, with the aim to find out if taking part in the mobile phone-based peer-to-peer support groups can have positive biomedical outcomes around adherence. 63 participants took part in support groups facilitated by peer support workers. The levels of engagement for this group have been exceptionally high, with participants sending over 70,000 text messages. As the project comes to the end it's urgent to explore pathways to scale up this intervention in Zambia through a partnership with local organisations. In addition, we hope to explore options for the replication of findings as part of the new Young Mentor Mothers Lounge program (YMM Lounge) for adolescents and young pregnant women in Zimbabwe.



Zvatinoda! Zimbabwe

A research project being conducted by the LSHTM and OPHID in Zimbabwe. It aims to use participatory methods in order to design a peer-led intervention that improves provision and uptake of Sexual and Reproductive Health (SRH) services in one region of Zimbabwe where uptake and quality of health services for young people is often poor, leading to preventable morbidity and mortality across the life-course. We were working in partnership with the team to provide technical expertise on the use of participatory methods and mobile phones in this design process. We supported young people to lead the process including workshops, and design. We ran a small number of mobile phone-based groups with 40 participants. The findings of this work will be available in early 2022.



AT2030 Indonesia and Sierra Leone

The SHM Foundation is collaborating with the Bartlett at the Development Planning Unit of University College London (DPU) as part of AT2030, a large-scale research and innovation programme involving 9 million people that aims to improve access to life-changing Assistive Technologies (AT) such as wheelchairs, hearing aids, glasses and digital assistance (including smart phones and accessible software). We worked with DPU and local organisations in Indonesia and Sierra Leone to understand patterns of use, challenges and attitudes towards mobile phones by people living in informal settlements, particularly people with disabilities. Drawing on insights from this research, we then designed a mobile phone-based intervention in Freetown, Sierra Leone, to support increased access to and dissemination of accurate health information by people with disabilities and their carers.

Our Projects

At a glance

Health

Ember



Ember is a mental health initiative of the SHM Foundation which finds, mentors and funds excellent, community-based mental health initiatives in low-resource settings so that they can grow and thrive.

We recognise that community-based initiatives are particularly well placed to respond to mental health needs in their settings.

We recognise that there are many incredible organisations doing this work and meeting those needs in communities around the world.

The problem is, those organisations don't get the visibility and resources they need to sustain and grow, and their expertise too often goes unrecognised and unsupported.

This means that community-based mental health initiatives face huge challenges in sustaining and growing their work, whether that's in attracting funding, recruiting team members with the right skills, building networks or measuring the impact of their work.

We created Ember to provide that support. The ultimate aim of Ember is to increase access to effective and appropriate mental health care in low-resource settings, in order to meet the growing need for these services globally.



Summary of our Achievements

Health

We at the SHM Foundation are particularly proud of the following achievements in the area of health. The achievements are cutting across both of our initiatives Zumbido Health and Ember.

We are also presenting challenges that we had to tackle because they are moving us forward and making us evaluate, redesign, adapt, and improve, so that we can keep relevant and responsive to the needs of the people that we support and partner with.

We delivered well-being support for our participants and partners

- The wellbeing support included: food packages; various free time activities; Tree of Life sessions (art therapy methodology run by narrative therapist Ncazelo Ncube) and training to learn the methodology provided by the South-African organisation PHOLA, a former partner of Ember. A total of 7 Ember organisations joined the sessions, 6 Ember innovators were trained in delivering the Tree of Life methodology and 9 received support through the wellbeing session.
- 20 Khuluma mentors received monthly food packages. It has become a vital component of the program as the mentors and their families continue to find it challenging amid a difficult economic situation. 13 mentors took part in Tree of Life sessions. Subsequently, 12 mentors took part and completed COURRAGE program (also a methodology developed by Ncazelo Ncube). COURRAGE was a 6-week program aimed at helping adolescents to articulate and to address the issues that they face through a collaborative narrative therapy.

We adapted and proved the effectiveness of the Zumbido Health model with different populations in various settings

- **Insaka in Zambia** allowed us to adapt the Zumbido Health model to provide virtual psychosocial support to 63 pregnant and breastfeeding young women and girls living with HIV.
- **Zvatinoda! in Zimbabwe** enabled us to use the participatory methods of the Zumbido Health in order to design a peer-led intervention that improves provision and uptake of Sexual and Reproductive Health (SRH) services in one region in Zimbabwe.
- **Zvandiri Lounge in Zimbabwe**, allowed us to use the Zumbido Health model to provide psychosocial support in a safe virtual space to a group of Community Adolescent Treatment Supporters (CATS).
- **Young Mentor Mothers (YMM) in Zimbabwe** draws on our expertise to adapt the Zumbido Health model to different populations and to scale up to larger numbers.

We have continued to work with and support the Khuluma mentors and taught other adolescents how to replicate the Zumbido Health model and how to teach others to do it.

- We have continued supporting **Khuluma mentors in South Africa** with their education, getting them enrolled on further education courses. We equipped all 20 mentors with digital technologies so that they could stay connected during the lockdowns.
- As part of the **Zvatinoda! in Zimbabwe**, we have trained a small group of young people to facilitate the groups. They developed a curriculum and specific approach to peer facilitation.
- Four Khuluma mentors have been engaged in participatory co-design workshops with representatives of the Zvandiri's YMMs to adapt the virtual psychosocial support space to the YMMs' needs.

Summary of our Achievements

Health

We accelerated our mission to start changing the current landscape of global mental health, by providing support and funds to excellent community-based organisations

- **We completed an 18-month partnership with 12 Ember innovators.** We created and shared with all 12 innovators we partnered with Final Ember Health Check and Letter of recommendation, reflecting what we have learned through our partnerships with them, a summary of what they achieved through the partnership, and the key strengths, distinctiveness, and potential of each organisation.
- Together with the Ember Working Group, **we selected 5 Ember organisations that we would like to invest in.** We put together a bespoke plan for each of the 5 initiatives we want to invest in for the next year and we identified the financial support that they need to take them to the next stage of their development.
- We provided funds through **Ember Transformation Fund** to a number of Ember partners to enable them to keep on providing vital mental health and wellbeing support in their communities.
- We launched **a new Ember call-out** to find, support and fund between 6 and 12 new organisations.

We were working on evaluating our impact and publishing our results

- **We conducted an evaluation of the Ember model** and we received some very positive feedback. Some of the themes that came up include – feeling more empowered and increased confidence, Ember opened up new opportunities for them such as new networks, clarity on how to tell their story and their vision.
- We had a manuscript published in BMC Pregnancy and Childbirth: **“Insaka: Mobile phone support groups for adolescent pregnant women living with HIV”** and we had the **Khuluma paper published** in Frontiers in Sexual Reproductive Health.

We remained creative and focused on highlighting the amazing work of the people that we support and work with

- We produced an Ember short film about a garden cooperative in Quito (Ecuador), Huertomanias. The cooperative seeks to create a space where people with severe mental illnesses, such as schizophrenia or bipolar disorder, can exercise their right to work, generate income, and partake in participatory democracy.
- We published the ‘Covid-19 Stories of Change’ series (a series of ‘Success Stories’ of Ember innovators who have been able to react quickly, creatively and effectively to the current situation); and the ‘Behind the Screen – Zoom portraits’ (a series of portraits of Ember innovators accompanied by short extracts of the stories they shared while their photo was being taken).
- We created our first podcast and launched Ember’s podcast series ‘Sparks of Care’. One of our priorities at Ember is to promote the stories, voices and expertise of people doing incredible mental health work at community level - ‘Sparks of Care’ is another creative way of doing that.
- We nurtured the creative side of the Khuluma mentors, collaboratively working with them on a blog, highlighting their experiences during the COURAGE Program.

Although it’s amazing to write about our achievements, we would also like to mention a few challenges that we had to tackle.

- **Successive lockdowns in the countries that we work in put many of our projects either on hold or significantly slowed down our work. However, we always re-planned and re-adjusted our work and resumed it when it was again safe.**
- **We saw many of our participants, partners but also colleagues deeply affected by the pandemic on a personal level. We put the wellbeing and mental health of the people that we work with at the top of our priorities and tried to find ways to support them.**
- **Some of our participants and their families were impacted by the difficult economic situation. We kept providing vital food and wellbeing packages for them.**

Our Projects

At a glance

Education

Education was one of the first areas which the SHM Foundation was involved in. Our Co- Chair, Professor Henrietta Moore, had established her academic work and relationships with many young inspiring people in Eldoret, Kenya, long before the SHM Foundation's official conception. In the area of education, we look to increase active citizenship of children and young people. We believe that the best way of responding to social and political challenges is to get people to take a lead. We aim to equip people to understand and tackle the issues they care about.

Marakwet Education Project

MARAKWET EDUCATION PROJECT

In Kenya, we've continued to support the Marakwet project, which aims to improve the transition from primary and secondary education to higher education. This year, we are particularly proud of our Marakwet students who are completing their PhD. In total, we supported 32 students, studying a range of qualifications from Nursing to Education and Security Studies & Criminology.

Project Noor



Project Noor is a new project implemented by the SHM Foundation in partnership with the Max Barney Foundation.

The aim of the project is to work with a demographic group that is particularly disadvantaged when it comes to securing a decent livelihood: older refugee women of Middle Eastern heritage.

The purpose of this project is to support these women into employment or self-employment by the end of the project through working with them to co-design solutions to the barriers they face in getting there.

We are taking an integrated participatory and person-centred approach to this work, while drawing upon the SHM Foundation's existing tools, resources and expertise. The project's two primary objectives are to improve the employment status and employability of the participants and to develop assets, methodologies and tools that can be used to reproduce and scale up the person-centred approach that we are looking to develop in this project with other refugee communities in future.

Our Projects

At a glance

Arts

The SHM Foundation's work in the arts is based on the vision that great art should be for everyone and should be an integral part of how we learn. Over the years we've supported a number of projects in visual arts, music, and theatre that aimed to expand the pool of people benefiting from excellent artistic experiences.

The Royal Academy of Music

ROYAL
ACADEMY
OF
MUSIC

This year we have worked on a project with the Royal Academy of Music, an institution that nurtures talent, scholarship and performance at the highest level of classical music. Programmes dedicated to community outreach, and to widening access to and participation in the Academy's activities, are core to their mission. Using our creative and participatory methodologies, we worked with the Academy to gain a qualitative understanding of the full value and impact of this work, considering the full range of stakeholders connected to it. We have developed a framework and set of insights to embed this process of evaluation in the Academy's outreach and access work, and to strengthen these activities going forwards.



Little Amal

Little Amal, a project by the Good Chance, travelled from Kent to Manchester, engaging with 33,330 audience members and 1,512 participants of all ages and backgrounds along the way with the hopes of dignifying the experience of refugees, artists and communities. The success and impact of the production was recognised through being awarded the Timeout London Public Artwork Award, the hard-won Arts Council England 'project of national significance' status, and earning a Guinness World Record ('The greatest distance travelled by a full-bodied puppet.').



Spitalfields Music

SHM's support enabled 3,094 people of all ages to engage with music, from children in Tower Hamlets schools to people who came to our socially-distanced live festival performances. Spitalfields Music were able to commission 20 composers to write new pieces of music that they premiered, and worked with over 120 musicians and other creative leaders, ensuring that money got out to freelancers during the pandemic when their income was hit so hard.

We want to remain relevant and responsive to what is going on in the world and to our partners' needs.

We will continue working towards addressing global mental health challenges and meeting global mental health needs.

We will continue supporting community-based organisations in the Global South and growing a healthy global mental health ecosystem of care that grows from within the communities that we support.

We are committed to drawing on best practice from philanthropy, international development, venture capital and research to provide mentorship and funding to excellent local mental health initiatives in low-resource settings, so that they can grow and thrive.

We are committed to looking for like-minded co-funders and partners that will help us grow the Ember Fund to support and invest in innovative mental health initiatives in low-resource settings so that around the world millions more people can access the care they need, where they are, in ways that work for them. We are also very thankful to the SHM Productions for their continued support which provides us with invaluable resources necessary to pursue our mission towards better mental health care.

Our Board of Trustees

We are entirely grateful to Professor Dame Henrietta More, Professor Maurice Biriotti, and Professor Sarah Fidler for their guidance, motivation and support. We look forward to many more inspiring board meetings in the coming year and to bringing on board a new trustee to join the SHM Foundation Board.

Our Partners

None of our work would be possible without our partners.

We would like to thank the **Max Barney Foundation** for an exciting new opportunity to expand our model, helping to support refugee women in the UK.

A big thanks goes to the **Vitol Foundation** for their continued support and new opportunities; and **CBM** for their continued commitment to our partnership. Both organisations played an important role in helping us to take Ember to the next stage of growth.

We would like to thank **ViiV Healthcare Positive Action** for their continued support and new opportunities for the replication and scale up of the Zumbido Health model in Zimbabwe.

When it comes to our academic partners, we are grateful to **Imperial College London; LSHTM; Zambart; the University of Pretoria; University College London and OPHID Zimbabwe**; who contributed to enhancing the academic excellence of our work.

We are also very grateful to our implementation partners: **Africaid Zvandiri; Kalafong Hospital; and the Mental Health Innovation Network**, whose collaboration has been vital not only to the delivery of our work but also to the expansion of our pool of participants and partners.

A very special thanks goes to **SHM Productions Limited**, our main partner and pillar, for all their support and without whom our work would not be possible. Thank you!



Our Policies

Policy on reserves

There is **£257,975.32** in the CAF account. The Trustees have decided to maintain free reserves in unrestricted funds in the CAF account at a level which equates to approximately 10-12 months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds for the running of the Foundation assuming no other funds are received.

Policy on grant making

The SHM Foundation's grant making has continued to focus this year on grants that support projects in health, learning, citizenship and the arts. Proposals are invited by the Trustees or initiated at their request. The Foundation works directly with the beneficiaries of each of its projects. Unsolicited requests for funding are not encouraged.

Additional governance issues

The Trustees are directors and shareholders of SHM Productions Limited. During the last year, the Charity's principal sources of funds were donations received from SHM Productions Limited and from income generated from the investment of capital as well as donations made by other charitable bodies to develop collaborative projects with the Foundation. The Foundation always works collaboratively with partner organisations that share its charitable goals and objectives to ensure good governance and sound financial management.

Trustees' consideration of major risks and the systems and procedures to manage them.

The Trustees consider on a regular basis if there are any major risks to The SHM Foundation along with any risks there might be to specific projects that they are currently running. The Trustees are confident that there are adequate systems and procedures in place for reviewing risks and will continue to keep these processes under review.

Our Financials

The SHM Foundation grants were made to the following projects:

- Grants totaling **£32,655.20** was made towards the Marakwet Education Project.
- Grants of **£18,000.00** was made to Mental Health & Wellbeing on Campus.
- A grant of **£3,000.00** was made to Khalsa Aid International to support with oxygen cylinders for India during COVID.
- A grant of **£1,500.00** was made to Mental Health Service Users Association.
- A grant of **£1,500.00** was made to Open Hands.
- A grant of **£40,000** was made to the Good Chance by SHM Productions and administered by the SHM Foundation.
- A grant of **£60,000** was made to Spitalfields Music by SHM Productions and administered by the SHM Foundation.

Project Ember:

A joint funding model between Vitol Foundation, CBM, Risk Pool Fund and SHM Foundation allowed us to give out grants to the Ember partners.

A total of **£17,178.48** was made to Huertomanias, Open Hands, Mental Health & Wellbeing on Campus, HCCP, CAFS, Mental Service Users Association, Green String Network, RTCCD, CBMHP, CMC-Nepal, Burans and Punto de Encuentro.

Donations:

We received a total of £566,178.22 in donations and grants.

- We received a grant of **£47,960.66** from CBM UK for the Ember Project.
- We received a grant of **£27,934.74** from Imperial College of Science, Technology and Medicine for the Yathu Yathu Project.
- We received a grant of **£4,569.74** from London School of Hygiene and Tropical Medicine for the Zvatinoda Project.
- We received a grant of **£16,400.00** from University College London (UCL) for the AT2030 Project.
- We received a grant of **£100,000.00** from The Max Barney Foundation for Project Noor.
- We received a grant of **£7,500.00** from The Royal Academy of Music.
- We received a grant of **£100,000.00** from ViiV Healthcare for The Young Mother's Lounge Project.